

TERM 4 WEEK 4 NEWSLETTER



PRINCIPAL AND DEPUTY PRINCIPAL REPORT

‘School and Community Working Together’, our ethos, encompasses the continual strengthening of our relationships with our school and local communities. As is the nature of Term 4, there have been numerous school and community events in which we have engaged and seen the strong sense of community we are so lucky to have.

During Week 2, we celebrated our very first ‘Grandfriends and Grandparents Day’. Our school was buzzing with approximately 80 special people from our students lives in attendance. Students shared their learning and the school yard with their guests, with some being old scholars of Lucindale Area School themselves. At the special Assembly, student learning and achievements were shared with a crowd of proud family and friends, before a shared morning tea. I do hope that if our Grandfriends and Grandparents did not feel part of the Lucindale Area School community before, that they do now.

In Week 3, Louis and I attended a portfolio meeting with other school leaders from around the South East. The focus of the day was around building capacity as leaders and looking forward to 2024 as we set our Site Improvement Plan goals. One key takeaway was the importance of building connections with those around us to strengthen our relationships. In the fast-paced world we live in, we sometimes forget to give positive feedback and affirmations to those around us. A small, habitual email, message or conversation for a couple of minutes a day with those around us can build stronger connections within community and make the world we live in a happier and more productive place. I believe this is something we can all learn from and implement in some way into our day to continue to strengthen our community.

We recently participated in our final pupil free day training for the year. We continued to build upon our knowledge of High Impact Teaching Strategies, focusing on Student Agency. At Lucindale Area School we value the knowledge, interests, and prior experiences our students bring to the classroom. In 2024, we endeavor to support students in building capacity to drive their own learning journey through our focus on Student Agency. In addition, we worked together to refine and update our Literacy and Numeracy Agreements to a format that reflects our current site goals and programs.

We were fortunate to be able to attend our Year 12 Formal at Farmers Leap. Our students showed their maturity and poise as they shared a dinner with their families and staff. It was a wonderful event to mark their final year of schooling and celebrate the relationships students have built with their friends and staff. The strong presence of friends, family and staff together highlighted the sense of community we have built together.

LAS NEWSLETTER
ISSUE 17

10th November

As we celebrate the final week for our class of 2023, I want to take a moment to reflect on the remarkable journey our Year 12 students have undertaken and the importance of their journey beyond school and exams. These final months represent a crucial chapter in their lives, and it's our collective responsibility to support and guide them toward success. Year 12, you have come a long way. You have shown incredible resilience, determination, and adaptability, especially in the face of challenges brought about by the pandemic. Now, with the finish line in sight, it's time to channel your hard work and dedication into your upcoming exams. The exams ahead are more than just assessments; they are stepping stones to your future. They are an opportunity to demonstrate your knowledge, skills, and the growth you've achieved over the past years. Remember, success is not only measured by the grades you achieve, but also by the growth you've made as individuals. Here are some key points to keep in mind as you prepare for your exams:

- **Time Management:** Plan your study schedule wisely. Create a timetable that allows for breaks and ensures you cover all subjects adequately.
- **Practice Past Papers:** Familiarize yourself with the format of the exams by practicing past papers. This will help you gain confidence and better understand the types of questions you may encounter.
- **Stay Healthy:** Take care of your physical and mental health. Get enough sleep, eat well, and engage in regular physical activity. A healthy body and mind are essential for peak performance.
- **Seek Support:** Don't hesitate to reach out to your teachers, classmates, and support systems if you have questions or need assistance. We are here to help.
- **Stay Positive:** Maintain a positive mindset. Believe in yourself and your abilities. You've come this far; you can do this.
- **Manage Stress:** While some stress can be motivating, excessive stress can be counterproductive. Practice relaxation techniques to manage stress effectively.
- **Celebrate Milestones:** Recognize and celebrate your achievements along the way. Small victories add up and can boost your motivation.

Remember, your journey doesn't end with your final exams and last days at school. It is just the beginning of a new chapter in your life. Continue to pursue your passions, be curious, and embrace new opportunities as they come your way. To the Year 12 students, your teachers, families, and the entire Lucindale Area School community are behind you and believe in your potential. Finish strong, stay focused, and give your best effort. Your future is bright, and we can't wait to see the remarkable impact you will have on the world. Wishing you all the best in your upcoming exams and beyond.

Louis de Jager and Joey Kemplay-Hill

Congratulations! 12

IMPORTANT DATES IN NOVEMBER



- Book Fair



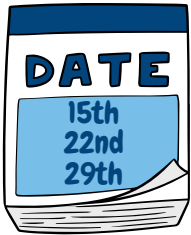
- SAPSASA cricket girls state carnival



- year 11 outdoor ed camp



- SAPSASA cricket boys state carnival



- Kindy - school transitions



- Reception to year 5 Swimming Lessons



- presentation night

MAKING A SPLASH: YEARS 7-11

STUDENTS DIVE INTO SWIMMING IN PHYSICAL EDUCATION.

Our students in Years 7 through 11, have taken the plunge into the world of swimming as part of their physical education program. In the pursuit of overall health and fitness, our students have embraced the waters, making waves of progress and fostering a love for this essential life skill.

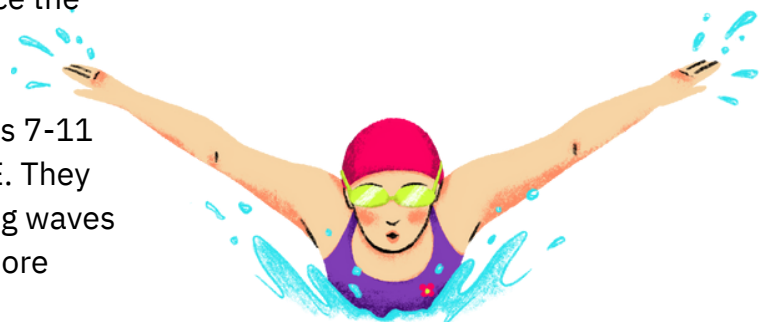
Swimming is more than just a physical activity; it's a lifelong skill that promotes fitness, water safety, and personal growth. Our PE classes have been buzzing with enthusiasm as students of various ages and abilities embark on their aquatic journey.

The benefits of swimming are numerous. It provides a full-body workout, enhancing cardiovascular fitness, muscle strength, and endurance. As our students hone their strokes and techniques, they also gain confidence in the water. The development of these fundamental skills is crucial, as they can potentially save lives in emergency situations.

Swimming is not only a fantastic physical workout; it's also a mental break from the daily rigors of academic life. Our students find solace and stress relief in the water, making swimming in PE not only about exercise but also about mental well-being.

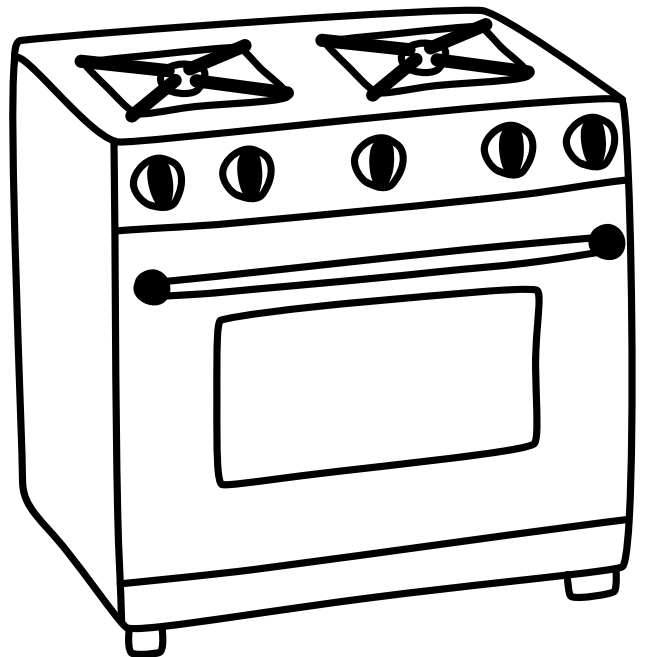
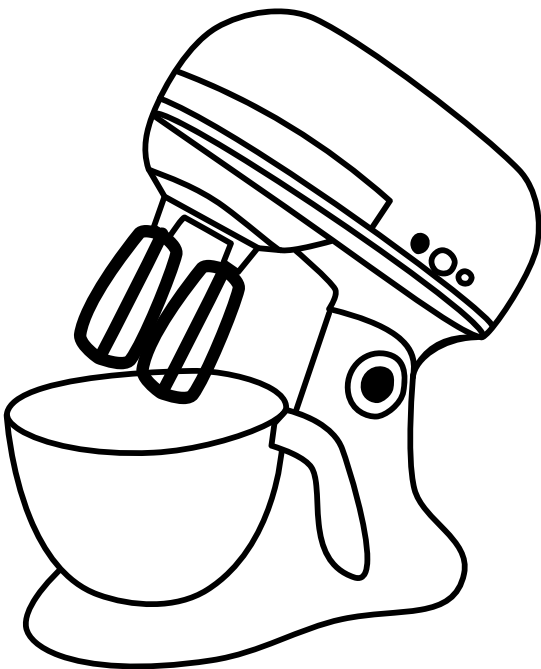
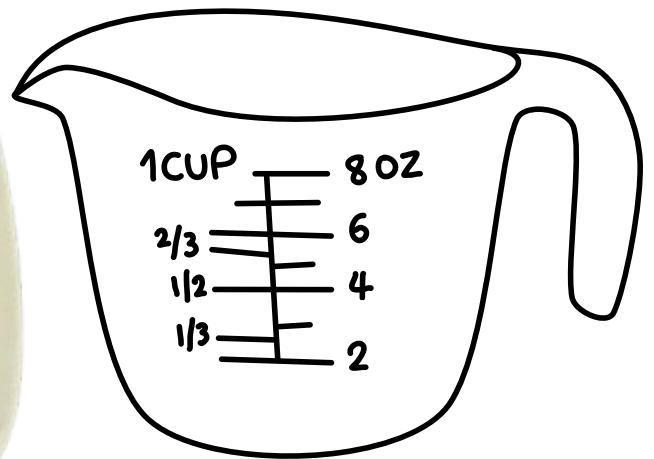
As we continue with the swimming program, we anticipate witnessing the growth and water confidence of our students from Years 7 to 11. We encourage parents and guardians to support their children's swimming journey and reinforce the importance of water safety.

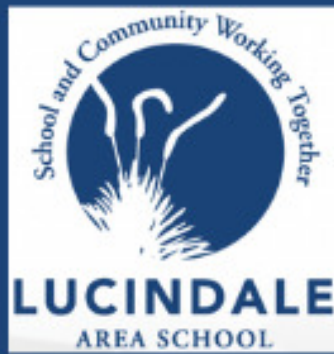
So, let's celebrate the dedication and spirit of our Years 7-11 students as they dive into the world of swimming in PE. They are not just making a splash in the pool but also making waves in their overall health and well-being. Stay tuned for more updates on their aquatic adventures!



YEAR 11 FOOD AND HOSPITALITY

As part of the "Desserts Reinvented" Assignment, a year 11 Food and Hospitality student exhibited their creative flair by crafting a modern cheesecake. The student impressed with their innovative take on a classic dessert, infusing new flavours and techniques. The cheesecake not only delighted taste buds but also highlighted the student's inventive culinary skills, earning them well-deserved praise.





2023 Presentation Night

will be held on

Thursday 30th November 2023

commencing at 5pm

Lucindale War Memorial Hall

Centenary Avenue, Lucindale.

Lucindale Netball Club
will host a BBQ afterwards.

RSVP by 17/11/23 to
Lucindale Area School 87662084
or by email to
dl.0749.info@schools.sa.edu.au

GRANDPARENT DAY

ASSEMBLY

In Week 2 the Primary students were able to host a Grandparents / Special Persons Day. We had more than 90 attendees, and it was amazing to see so many smiling faces.

Miss Ferguson's 1/2 hosted an assembly, at the assembly the students were able to share what they loved the most about their Grandparent / Special Person.

Thank you to the Parents & Friends for catering the Morning Tea.



A GREAT MORNING WAS HAD BY ALL ESPECIALLY WHEN CELEBRATING THE ACHIEVEMENTS OF STUDENTS...



In Term 1 the Year 5/6 class learnt about the United Nations Sustainable Goals linked to making the world to be a better place to live. Mrs Rivett led this initiative for the school. Sammy was the winner and won a Flash Forge Adventurer 4 3D printer for the school and a 12 month membership to the Makers Empire Programme.



Australian Mathematics Competition

Certificate of Credit – Harry and Matilda
Certificate of High Distinction – Charles Bruce
Best in School – Charles Bruce

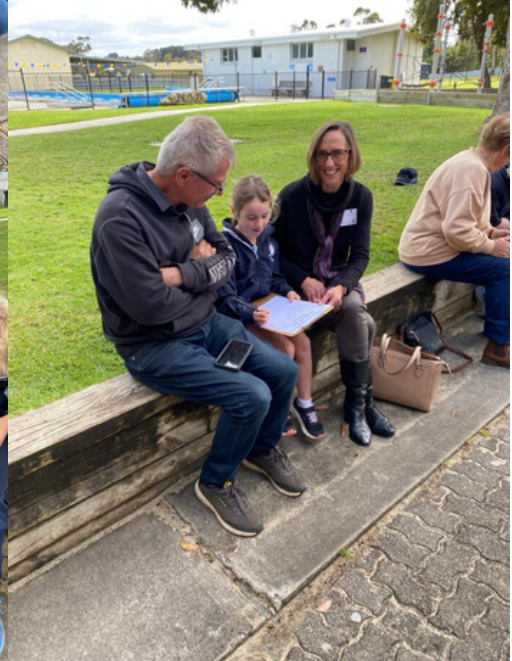
All students who participated in the competition received a certificate.




Excellence Awards – Maggie, Ruby, Taylor, Olive
Rising Star Awards – Harry, Corey, Naithan, Kauri
Technology Award – Cody, Amelia, Harry, Rebecca, Matilda
The Arts – Ivy and Ravena

GRANDPARENTS/SPECIAL PERSONS DAY IN THE YEAR 1/2 CLASS

We absolutely loved having
our Grandparents/Special
People visit in the
classroom!!
Thank you for visiting.





STRINGYBACH MUSIC

Guitar Tuition bookings are now open for term 4 at Lucindale Area School
Thursdays during school hours with Jamie Boyington

For bookings or enquiries contact Jamie or Erica

0407 629 768 or 0412 629 768

stringybachstudios@gmail.com

or like us on Facebook @Stringybach Music



School Library News

Library re-opening - Our winter hiatus is coming to an end. The library will be back open on Saturdays commencing Saturday 9th September 9:00am to 11:30am.

Premiers Reading Challenge – Ends on 8th September 2023. Well done to all who have completed the challenge.

Scholastic Bookclub – Please have your orders for issue 6 entered online by 15th September.

School Closure Day – The library will be closed on Friday 1st September, due to the whole school closure day.

New cameras – The library has recently purchased another 6 digital cameras to add to our class set of cameras, available to the students to assist with their studies. The purchase of these cameras was made possible by the successful grant application of \$1500 received from LBW Trust (Learning for a better World) and National Backyard Cricket.

Kerena





FORMAL

This year's formal was held at Farmer's Leap on Saturday 21st of October. We invited back previous students to join us. Although it was windy making photos fun and interesting, there were some fantastic shots which you can see.

It was an evening filled with photos, catching up with each other and delicious food. Thank you to everyone who came and helped us celebrate.



PANEL PRESENTATIONS

Preparation for panel presentations will be under way soon with students beginning to choose topics. This year panel presentations will be held on Monday December 11th. Students involved are only expected to attend school for the duration of the presentation on this day.

The criteria for each year level are as follows:

Year 7: Three areas of learning to choose from:

- Maths/Science
- English/HASS/Health
- Technologies/Art/Agriculture/PE

Year 8: Hand- a practical skill that they have learnt to do

- Heart- something they feel passionate about
- Mind- something that they have learnt

Year 9: A mathematical or scientific skill

- An area of learning based on an issue or value
- A developed technical skill

All students will have a 20 minute time slot allocated: 15 minutes of which is for their presentation and 5 minutes for panelist report writing.

Please complete the online booking process through an online booking system. More details with regard to the online time booking system will follow.

Seeking Panel Community Members 2023

On behalf of the Middle School Students at Lucindale Area School, we extend to you an invitation to be part of the Panel Presentations that will take place on Monday, 11th December 2023 at the School.

Every year the Middle School students present a short 6 minute reflection on their learning to their parents and a panel. This takes the form of an oral presentation using a variety of tools including technology, items they have made and written examples of their work. The presentations are diverse, engaging and interactive. The school is proud of the commitment the students invest and the invariably high quality of their work. The task of presenting selected aspects of their learning in a formal situation is daunting but rewarding and the benefits of this end of year panel are well recognised.

We cordially request that if you can spend some time with us on Monday, for an hour or two, we would appreciate your involvement in listening to our students and sitting on their panel. You will see firsthand the depth of their learning, listen to their opinions on a range of issues and engage with the students in a question and answer session following on from their presentation. No prior experience on the panel is needed and past panel members have reported positively on the experience this opportunity provides.

If you are able to spend some time at the school on the day, please contact the school directly on 87662084 or email dl.0749.info@schools.sa.edu.au.



PIANO LESSONS

phone
Alison
for details
0427 854 175

INDIGENOUS GARDEN DEVELOPMENT

The “Indigenous Garden Development” is on the way with students painting four large panels depicting Fruits and native plants of Australia. Last term students R-12 created designs using themes that coincided with the garden and what could be transferred onto the panels. On Friday’s Teacher JoJo Spook transferred and collaged the designs onto the boards with help from various secondary students. On Fridays till the end of term students will complete the panels and also start on the clay tile textured aspect of the garden, where students will create a clay tile using textures from our environment. Younger students will be mentored by older students using imprinting techniques that will be earthenware fired and glazed. These tiles will be imbedded in the footpath that leads to a circular learning space.

The outdoor learning space will reflect the seven principles of teaching (Love, respect, courage, honesty, wisdom, humility and truth) along side 4 elements representing all cultures – spirituality, inclusion and diversity.

It will include a fire pit – that has partly been welded and constructed from various students, a water source (used for washing produce), rustic seating – logs etc, tiled area, and native plants chosen under the direction of elders from Reedy Creek nursery.

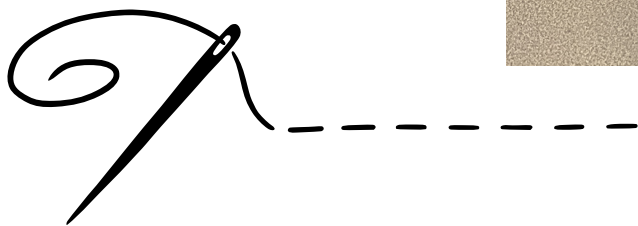


A collection of decorative watercolor splashes in green, pink, and blue, along with botanical illustrations of a red bottlebrush flower, a pink flower, and a paint palette with various colors.

love
RESPECT
Courage
HONESTY
wisdom
humility
TRUTH

YEAR 5/6 DESIGN TECHNOLOGIES

The class is learning hand sewing and are stitching a soft toy cat. First the students cut put a paper pattern template. Then they pinned the template to material so they did not waste the cotton material. After they cut around the template leaving a sewing border. Now the students are learning to sew backstitch with a needle and cotton along the seams. Later when they have all the parts stitched together they will sew their bodies on and then fill their soft toy with filler.



Ollie – The hardest bit is the little stitches.

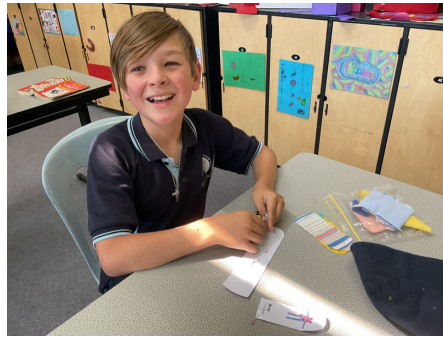
Taylor – Learning to sew is difficult, it's like a maze filled with knots, twists and turns. I personally have trouble threading the needle.

Mahli – I thought learning to stitch a cat toy would be hard.

Sammy – The hardest things about sewing is the concentration needed and getting the sewing small.

Amelia – The sewing is easy when you have good fabric and hard when the fabric is thick.

Seth – I've learnt how to hand sew and how to sew in general.



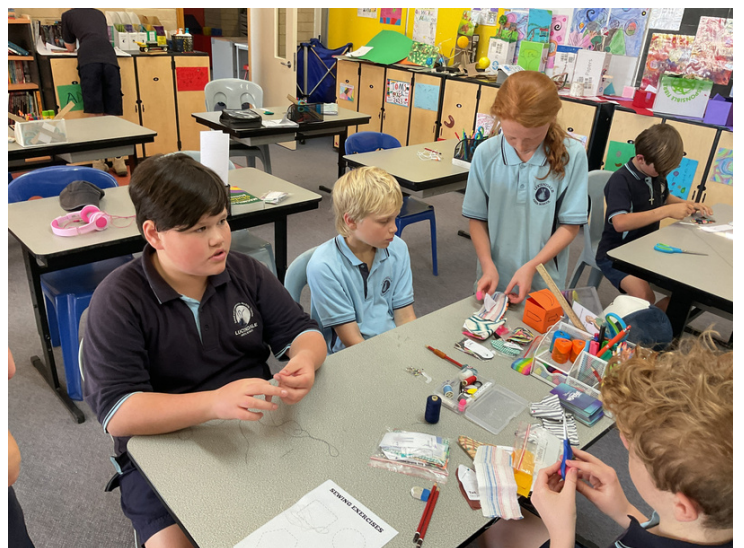
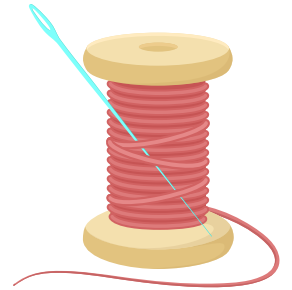
Bethany – During Mrs Rivett’s class we have been sewing cats. I have found it challenging with having to do the backstitch.

Georgia – Sewing has been great. You have to have patience.

Ryan – Sewing is difficult but fun at the start.

Rebecca – Sewing is difficult but teaches us patience as well.

Harry - Sewing is very hard but overtime with practice sewing becomes easier.





School Student Broadband Initiative

An Australian Government initiative
powered by nbn[®]

To support students that do not have access to internet at home, the Australian Government has committed to providing 30,000 families with free nbn-powered broadband internet at home for one year.

Learn more

NOORLA YO-LONG

In week 10 of term three, the Year 5/6 class went on a camp to Noorla Yo-Long for 4 days.

We did activities such as tree climbing, rock climbing, partner activities and Noorla Ball.

The Rapid Relief Team (RRT) kindly donated all food.

Our facilities were very tidy and neat. We had bunkbeds, showers, toilets and dining.

On the first day of camp we went for a five kilometre walk along the beach cliffs near Southend. It took two exceedingly long hours; we did have some breaks for photos though.

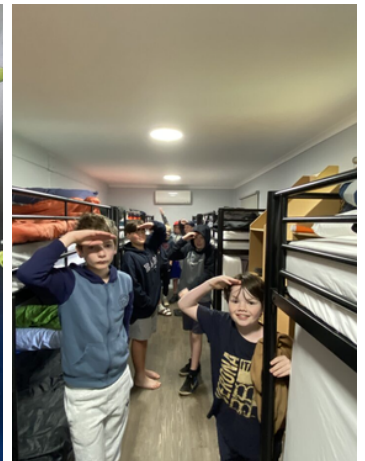
When our class arrived at camp our first activity was orienteering and discovering the different places around camp.

On the second day we did Team Building in partners. We had to face a lot of challenges along the way.

Then on our third day of camp we did indoor rock climbing. It was exceedingly difficult.

Then finally on our last day we did high-tree climbing which was incredibly fun and exciting. We started off with easy courses and they became more difficult, then we moved onto the sixteen-metre course.

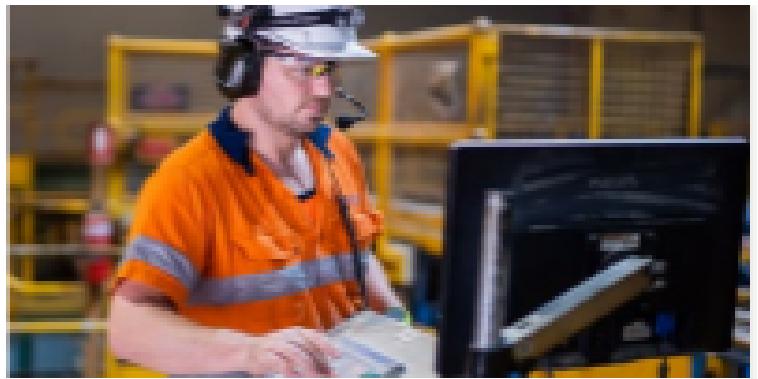
That is our year 5/6 Noorla Yo-Long camp wrap up.



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SCHOOL BASED APPRENTICESHIP OPPORTUNITY

Group Training Employment in conjunction with Timberlink Australia are currently seeking applications for a 2 day per week School-Based Wood Machinist apprenticeship at their Tarpeena Manufacturing Facility.

Applicants must have a commitment to safety, an interest in hands-on work and be quality driven. This is a great opportunity for an apprentice to begin a career in a modern timber manufacturing site while at school and learning a trade.

Applicants must have:

- An interest in practical and hands on work
- Be mechanically minded
- Good communication skills
- Willingness to learn new skills (including attending trade school in Creswick Victoria)
- Ability to work independently and in a small teams
- Applicants must be completing year 11 or 12 in 2024 to be considered for this position and willing to complete a pre-employment full function physical fitness medical.

A cover letter and current resume should be addressed to:

Andrew Norman

Group Training Employment

PO Box 1748

MOUNT GAMBIER SA 5290

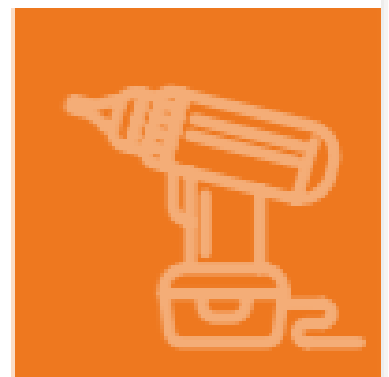
E-mail: applications@gte.org.au

Phone: 8721 2345 or 0436 285 554

Applications close date 24/11/2023

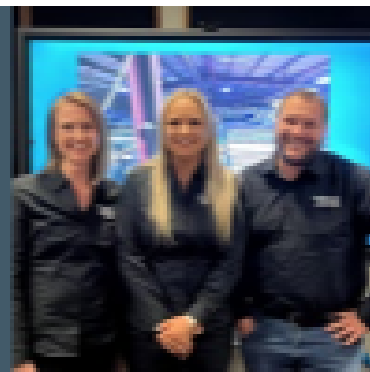
GTE

group training employment



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With over \$150 million spent in expanding our Tarpeena site, there has never been a better time to join and learn from our experienced maintenance team.



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Supporting the Supporters

- A Workshop for Community Volunteers & Leaders -



Australian Red Cross invites local community leaders and volunteers to a 2-hour free workshop

This workshop aims to support those who support communities in times of need by sharing an understanding of the recovery process, anxiety in anticipation of seasonal challenges and how help support and lead community recovery, whilst looking after yourselves to avoid burnout and becoming overwhelmed.

The workshop will share information that can help promote awareness of natural recovery, healing and resilience to community supporters.

This includes helping people to feel safe, connected to others, calm and hopeful, alongside some recovery theory and ways for people to manage the very important self-care and their own recovery journeys through life's challenges.

Date: Wednesday 22nd November
Time: 05.30 pm for a 5.45pm start – 8.00pm
Cost: Free
Venue: Lucindale Football Club, 3 Centenary Ave, Lucindale
Food: Light refreshments will be provided

RSVP: By Txt or call Linda on 0417 770 893
(including dietary preferences for catering purposes)

COONAWARRA RUNNING FESTIVAL



RUNNING FOR MENTAL HEALTH

Saturday 11th November 2023



**Wobbly
Winery
Walk**

MARKETS

MUSIC

**SHOW 'N
SHINE**

**CARS, BIKES,
CARAVANS
ANY VEHICLES!**



21.1km, 12km, 6km, 1km,
Toddler Race, 5km Wobbly Winery Walk



See some of the state's best
tennis players on the Limestone Coast

TENNIS SA STATE LEAGUE ALL STARS

SATURDAY 25 NOVEMBER

Lucindale Country Club, Country Club Road, Lucindale

Tennis SA State League All Stars match from 11:30 am
All Stars Kids Zone open throughout the day



SCAN QR CODE
TO REGISTER
YOUR INTEREST
TO ATTEND AND
RECEIVE EVENT
UPDATES



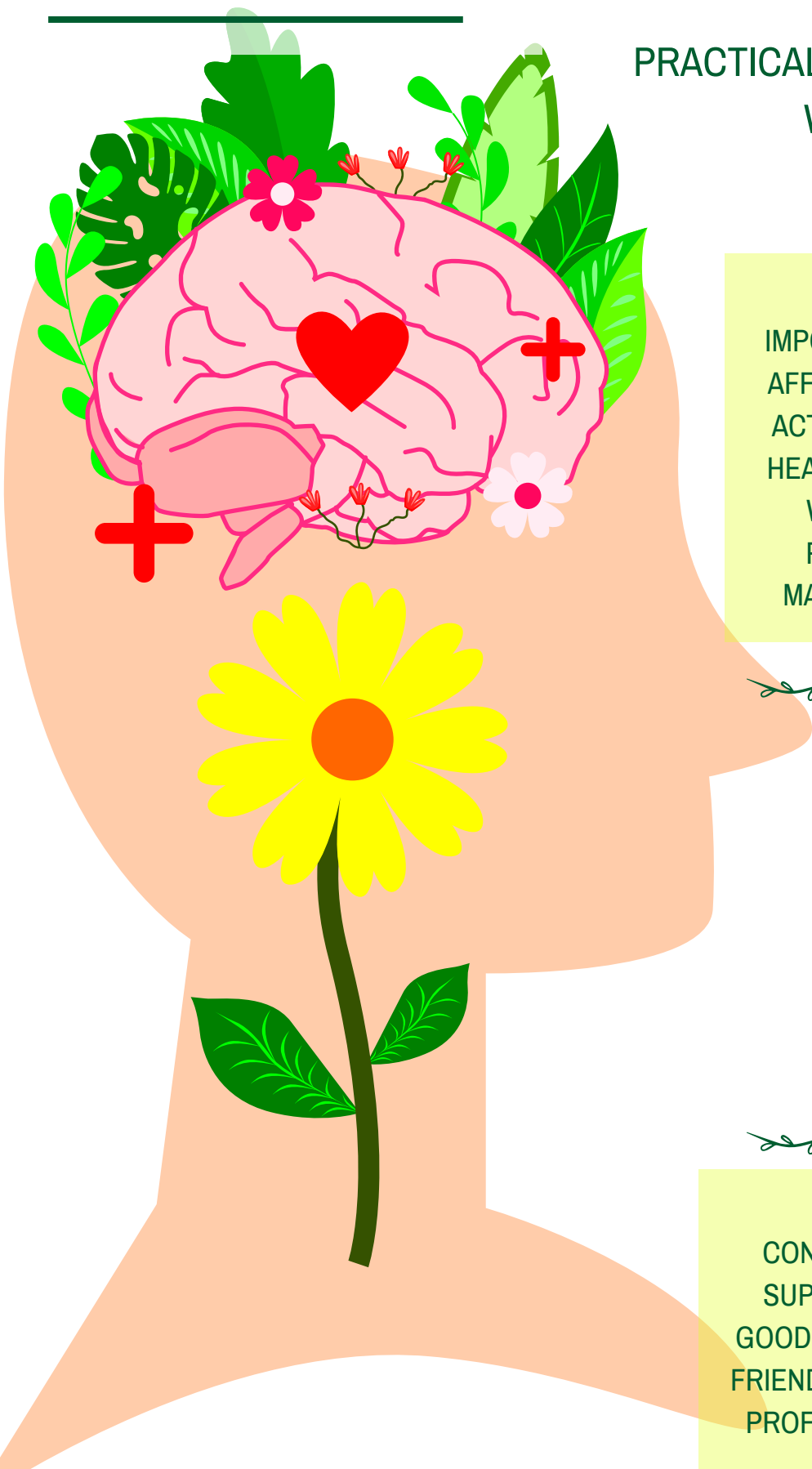
Responsible Lucindale Council
Partnership Network



MENTAL HEALTH

TAKING CARE OF YOUR MENTAL HEALTH

PRACTICAL TIPS FOR EVERYDAY WELL-BEING



MENTAL HEALTH IS JUST AS IMPORTANT AS PHYSICAL HEALTH. IT AFFECTS HOW WE THINK, FEEL, AND ACT. TAKING CARE OF OUR MENTAL HEALTH IS ESSENTIAL FOR OVERALL WELL-BEING. HERE ARE SOME PRACTICAL TIPS TO HELP YOU MAINTAIN GOOD MENTAL HEALTH.

PRACTICE SELF-CARE. TAKE TIME TO DO THINGS THAT YOU ENJOY, SUCH AS READING A BOOK, TAKING A WALK, OR HAVING A RELAXING BATH. PRIORITIZING SELF-CARE CAN HELP REDUCE STRESS AND IMPROVE MOOD.

CONNECT WITH OTHERS. HAVING A SUPPORT SYSTEM IS CRUCIAL FOR GOOD MENTAL HEALTH. REACH OUT TO FRIENDS, FAMILY, OR A MENTAL HEALTH PROFESSIONAL IF YOU NEED TO TALK OR RECEIVE GUIDANCE.