

TERM 3 WEEK 6 NEWSLETTER



PRINCIPAL AND DEPUTY PRINCIPAL REPORT

Over the past few weeks students have celebrated both Science Week and Book Week. During this time students have participated in Literacy, Numeracy and STEM Activities including reading, dressing up as their favourite storybook character and completing STEM activities. These events provided the opportunity for students to immerse themselves in two of our Site Improvement Plan goals, to improve student achievement in Literacy and in Numeracy.

With the Site Improvement Plan, I am impressed with the dedication and of the teaching staff how they want to ensure we as a site strive to deliver best practice pedagogy in the teaching and learning environments. This term the focus will be on Feedback, to increase student outcomes. "The most powerful single influence enhancing achievement, is feedback".

This week we enjoyed welcoming families and the local community to Lucindale Area School. We loved sharing our beautiful school and the myriad of opportunities we provide to our students. We recognise that many students have strengths outside of the classroom, which is why we pride ourselves on our specialist Agricultural Program and opportunities for extra curricula activities.

World Wide Web...

At the beginning of typing a web address, we used to have to type www. and the full web address. Today, there is a tendency for us to access and search the online environment without having to type this. However, it is important to remember the www (World Wide Web), because too often people forget about the global scope and reach of the online environment and post communication, images, or content that they think is 'private' or that there is some 'anonymity' in this context.

LAS NEWSLETTER ISSUE 13

1st September

In working with students in this area, it does come back to individual choice and the way in which one uses the technology. Ultimately, what people choose to do in the 'real' world is not differentiated from the profiles one keeps or the interactions in the online or digital realm. In accessing the World Wide Web, we sometimes need reminders that this is a public space.

In growing young people in an ever-technological age, it is about individual choices in relation to appropriate communication and interactions that assist to shape a positive culture in which technology can enhance learning and social connections. It is not about solely blaming the capabilities of the device or the access to the technology when things go astray, because technology will keep evolving.

At the heart, having clear expectations about appropriate interactions and choices is important. Another vital component is to reflect on the length of time young people are accessing these devices. Dr Michael Carr-Gregg (Child and Adult Psychologist) reflects on the importance of 'green time' and 'sleep hygiene': the ability to set expectations to ensure that young people are being active in the physical environment (putting the device away) and not having devices in bedrooms so that young people can get quality sleep.

‘Respect For – Self, Others, Learning and Environment’ is a key theme that the school emphasises as key in building relationships and growing others and self. Therefore, whether a young person is using a pen/pencil and paper as a tool for communication or an electronic device, they should be thinking before posting/writing and when at school, using the device for educational purposes. As a staff we have been reflecting about the instantaneousness, public nature, highly accessible, global scope and reach and the permanency of online communication.

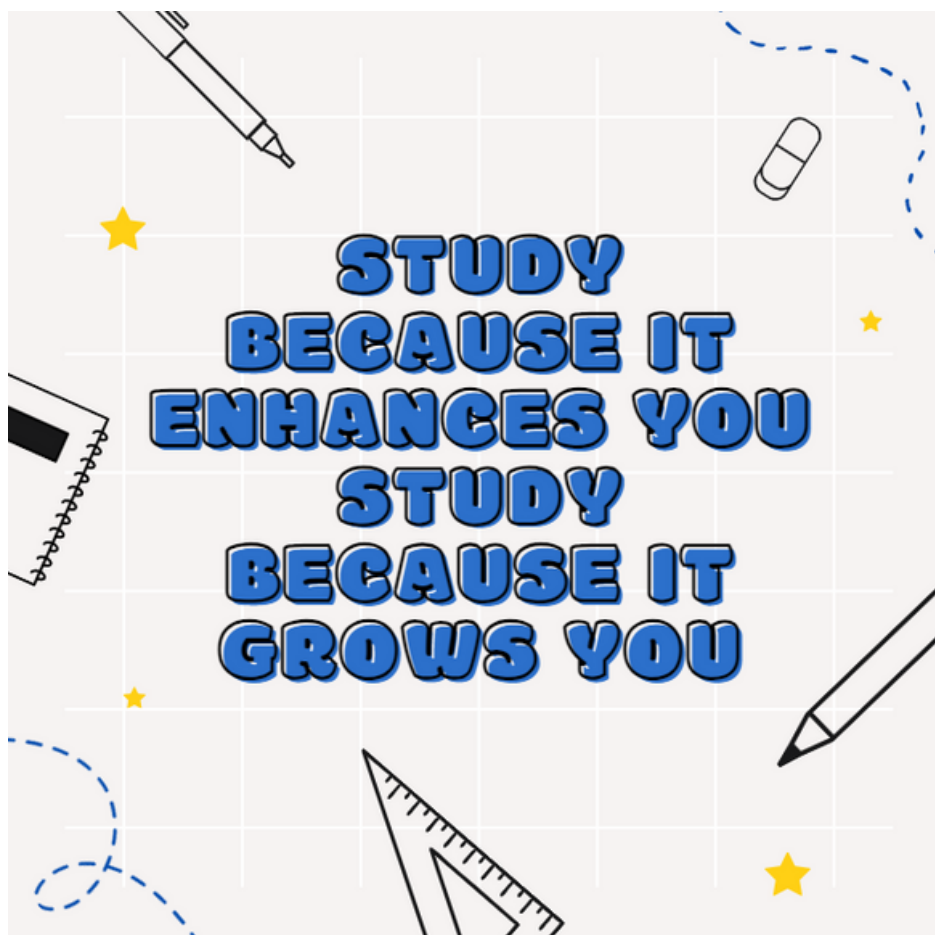
The Office of the eSafety Commissioner has a variety of resources to assist parents, who play a crucial role in helping your child have safe and positive experiences online. In understanding how children and young people use the internet, the risks they face and the strategies to manage risks, you can help enable your children to enjoy the best of the online world. For further information please go to this link: <https://esafety.gov.au/education-resources/iparent>.

We were fortunate to have Life Education visit us during week 5 to work with students from all year levels on how to stay safe when faced with various challenges life can present. Primary School students enjoyed meeting Harold the Giraffe and it was excellent to hear of the knowledge students gained from the program. Please read the feedback from students inside the newsletter.

Lucindale Area School will be hosting a ‘ThinkUKnow’ presentation on the 4th of September at 5:30pm. ThinkUKnow is a pro-technology presentation that will provide parents with the knowledge and skills to protect their children and young adults in the online environment and help them be safe and responsible users of technology.

In closing, we would like to acknowledge and thank our dedicated Student Support Officers (SSOs) for the fantastic work they do in supporting our students, teachers and families. SSOs are an integral part of what makes Lucindale Area School a great place to work and learn. This week we have taken the time to celebrate them and all of their contributions to the school community.

Louis de Jager and Joey Kemplay-Hill



IMPORTANT DATES IN SEPTEMBER



- School Closure Day



- SAPSASA Athletics training
- Primary Assembly



- School Photos



- SAPSASA Athletics Carnival



- SAPSASA Girls & Boys Cricket Trial



- School Concert

SSO Appreciation Week

The Receptions made cards for our wonderful support staff to say thank you for all they do at Lucindale Area School.



SCHOOL CONCERT



save the date!

LUCINDALE AREA
SCHOOL CONCERT

THURSDAY 21ST SEPTEMBER 2023

TIME: 6PM FOR 6:30PM START

VENUE: LUCINDALE WAR MEMORIAL HALL

ALL WELCOME!

LACROSSE WITH THE YEAR 7S

This week the Year 7s have been learning how to play lacrosse. The aim of this game is to catch the ball in the lacrosse stick and then throw it to a team member who also has to catch it or scoop it up. Players use the head of the lacrosse stick to carry, pass, catch and shoot the ball into the goal. The Year 7s are enjoying learning about this game and how to play but sadly this was the last week of lacrosse before they start learning a new type of sport.



Swim
and
SURVIVE

8TH TO
12TH JAN
2024

LUCINDALE AREA SCHOOL



www.holidayswim.com.au



ROYAL LIFE SAVING
SOUTH AUSTRALIA

Holiday
Swim

SIGN UP NOW



Cricket Blast is an energetic and fun program for kids up to the age of 10 to develop new skills, expand existing skills and play cricket in a team environment.

Naracoorte Cricket Club

Starting- 18 October

4:00-5:00pm

Wortley Oval

VISIT PLAY.CRICKET.COM.AU

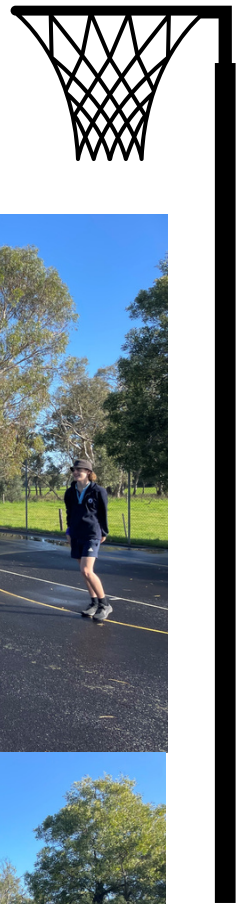


ADELAIDE
Strikers

YEAR 9 NETBALL

Our Year 9 students are currently participating in a Netball unit. Students have been learning that Netball is more than just a game of scoring goals; it's a sport that thrives on teamwork. Year 9 students are quickly learning that success on the netball court hinges on effective communication and collaboration. They must work together to pass, intercept, and shoot accurately. These skills not only apply to the sport but also teach valuable life lessons about cooperation and trust.

Incorporating netball into the PE curriculum is a fantastic way to enhance students' physical fitness. The game demands quick movements, agility, and hand-eye coordination, all of which contribute to a well-rounded fitness regimen. Students are not only getting active but also refining their motor skills, which can benefit them in various aspects of their lives.





TENNIS SA STATE LEAGUE ALL STARS BALLKID SQUAD

Be a part of the Ballkid Squad for the
Tennis SA State League All Stars at
Lucindale Country Club on Saturday 25 November

ATTEND A COME AND TRY SESSION

Wednesday 13 September

Lucindale Area School tennis courts

3:30 pm-4:30 pm

or

Thursday 14 September

Naracoorte Tennis Club

4:00 pm-5:00 pm



SCAN QR CODE
FOR MORE
INFORMATION
AND TO
REGISTER YOUR
INTEREST



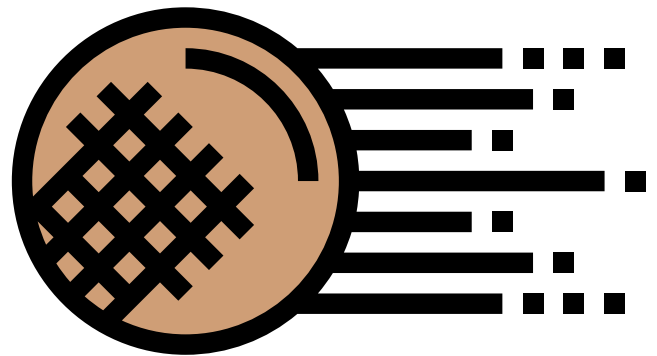
Naracoorte Lucindale Council
Better by Nature



YEAR R/1 CLASS



In the Reception and Year One class PE class they were playing a game of dodgeball with the aim of improving throwing and catching. They were very energetic and enthusiastic. Life long learning to play always aids in learning academically.



GET HOME SAFE

Darren from the Get Home Safe Foundation came and presented to the Year 10s about driving safety and the impacts that can have on drivers, passengers families and first responders.

Unfortunately, several students identified that they knew someone that had passed away in a car accident and almost all students knew someone who had been in a car accident. Darren used this as a stepping stone to talk to students about the additional dangers of driving as teenagers. Peer pressure featured highly as a leading cause of accidents in P plater drivers.

Darren shared several stories of family reactions or what goes through the mind of an officer having to make a death notification after an accident. The impact that can have on survivors and communities is devastating and that typically teenagers haven't considered the broader implications of their actions. Darren suggested that when ever students find themselves in a risky driving situation to just take 4 seconds to consider. Consider how parents might feel if police come to their door, consider how they might explain to a friends parents why something happened, consider if they or their friend has actually thought about the risks.

Darren has access to a simulator that can be hooked into a real car, allowing students to feel immersed in a several simulated driving experiences. Dash volunteered to give it a go and showed responsible driving behaviour. However, all of the scenarios have come from actual accident situations, meaning that the odds were stacked against Dash and an accident was inevitable. This was also effective in showing that it isn't always the ability of the driver but other people not following road rules can have a large impact on outcomes.

Because of this, Darren encouraged students that when driving is always plan to stop, you have to stop at your destination or stop at a red light or stop before hitting a kangaroo. By always planning on stopping you can be prepared for many unexpected scenarios.

That evening, Darren met with parents to discuss how parents can best support their young people as they begin to get their licence. He spoke of the importance of taking the time to find the best driving instructor for you, practicing city driving and what to look for when purchasing a first car.

By remembering to consider others, learning from others mistakes and always planning to stop the hope is that all students can Get Home Safe.





PyCon AU is the national conference for the Python programming community, bringing together professional, student and enthusiast developers, sysadmins and operations folk, students, educators, scientists, statisticians, and many others besides, all with a love for working with Python.

PyCon AU informs the country's Python developers with presentations, tutorials and panel sessions by experts and core developers of Python, as well as the libraries and frameworks that they rely on.

Lucindale Area School student, Thomas Wachmer was invited to present at the student showcase section. On Friday 18th August, Thomas attended the Adelaide Convention Centre and presented his work on a Machine Learning Model Tic Tac Toe program and ASCII Video filter. Thomas has always had a love of coding and is active in the Coding Club in Naracoorte. He has aspirations to work in the Cyber Security industry and has been a constant source of amusement for the ICT team at Lucindale Area School.

While Thomas is hesitant to present in front of others, he relished the opportunity to present his coding work to a group of likeminded enthusiasts, professionals and students.



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School Library News

Library re-opening - Our winter hiatus is coming to an end. The library will be back open on Saturdays commencing Saturday 9th September 9:00am to 11:30am.

Premiers Reading Challenge – Ends on 8th September 2023. Well done to all who have completed the challenge.

Scholastic Bookclub – Please have your orders for issue 6 entered online by 15th September.

School Closure Day – The library will be closed on Friday 1st September, due to the whole school closure day.

New cameras – The library has recently purchased another 6 digital cameras to add to our class set of cameras, available to the students to assist with their studies. The purchase of these cameras was made possible by the successful grant application of \$1500 received from LBW Trust (Learning for a better World) and National Backyard Cricket.

Kerena



MEDIA RELEASE:

18 JULY 2023

78 Country Libraries Receive Much-Needed Grants

The LBW Trust, in collaboration with Friends of Libraries Australia (FOLA) and Harvey Norman, are pleased to announce that 78 country libraries throughout regional, rural and remote Australia are the recipients of much-needed funding through the Trust's 2023 National Backyard Cricket (NBYC) campaign.

\$110,126 was distributed to 78 libraries (NSW 29; QLD 4; SA 13; TAS 5; VIC 8; WA 19) for projects ranging from establishing a Seed Library; holding mindfulness meditation workshops; introducing a Story Dog program; educational programs to increase digital literacy; Aboriginal cultural education events; a summer reading challenge; and a teenager led STEM Club The Innovation Station to run weekly at Broome Public Library in Western Australia.

Lucindale School Community Library was one of the 78 libraries to receive a National Backyard Cricket Grant. The library received \$1500 to purchase digital cameras, to assist students with their studies. "We are so grateful to receive this funding from National Backyard Cricket. It makes a huge difference for small, rural communities such as ours," said Kerena who made the initial application.

"Backyard cricket holds a special place in Australia and it is wonderful to be able to combine our love of cricket with supporting country libraries" says NBYC Chair Marek Ristwej. "Funding has been made possible by the generous donations of individuals who participated in 2022/2023 NBYC events, plus great support from retailer Harvey Norman and LBW Trust supporters. We are delighted to be able to fund all 78 applicants! We look forward to seeing their projects come to life and the difference they will make in their community."

FOLA President Jack Goodman says "Country libraries are at the heart of the community, providing havens where people of all ages and backgrounds can come together to share ideas, learn new skills and connect with each other. These grants are another example of the exceptional projects being run by Australia's under-funded and under-valued country public libraries."

Chief Operating Officer & Executive Director at Harvey Norman Holdings Ltd John Slack-Smith says "We are very proud to be supporting Australian country libraries. With 65% of Harvey Norman Franchised complexes located in regional Australia, we proactively support important initiatives such as this that help small communities gain further access to the technology they need to thrive and connect within their community."

Contacts

NBYC Chair Marek Ristwej mrstwej@marqueproperty.com.au M 0409 993 447

FOLA President Jack Goodman jgoodman@betterlibraries.org.au M 0422 386 508

ABOUT US – THE LBW TRUST

The LBW (Learning for a Better World) Trust believes that everyone deserves an education, and every student deserves to realise their potential and create their own future. Established in 2006 we have supported more than 15,000 disadvantaged students in cricket-playing developing nations to receive a tertiary or vocational education. We have also supported more than 150 country libraries throughout Australia to help them deliver projects within their community.

Through partnering with reputable and well-established NGOs and educational institutions, we currently support over 2,500 students in developing countries including India, Sri Lanka, Nepal, Kenya, Tanzania, South Africa and Indonesia. Education empowers and improves lives - directly benefiting the student, and their family, and enabling them to become an agent for change. When these students graduate, we hope that they will play an important role in shaping the future of their communities and nations.

Through National Backyard Cricket events we bring communities together to raise vital funds for country libraries throughout Australia to help them deliver projects within their community.

www.lbwtrust.com.au

www.nationalbackyardcricket.com

About Us – Friends of Libraries Australia Friends of Libraries Australia (FOLA) is the peak body representing Australia's 15 million public library members. FOLA supports the development of local Friends groups who, in turn, support their local libraries across Australia. More broadly defined, friends are an essential part of the fabric of public libraries. Today, demographic, economic and technological changes require us to rethink what it means to be a Friend. In the 1990s, Friends groups were instrumental in helping libraries raise funds, provide services, advocate for facilities, and much more. Today we are reimagining FOLA's mission as the national voice and advocate for Australia's exceptional, yet under-recognised and under-appreciated, public libraries. We are particularly focused on country libraries because they face systemic disadvantages due to their isolated locations and the small populations they serve. We hope you will join us on this journey, and do your part to speak up in support of your local library. FOLA is part of a worldwide network of Friend's associations, found in many countries including the United States, Canada, the United Kingdom, Germany, the Netherlands, South Korea and New Zealand. www.fola.org.au

About Us – Harvey Norman Harvey Norman Holdings Limited is a public company that is listed on the Australian Securities Exchange Limited ("ASX"), whose principal activities primarily consist of an integrated retail, franchise, property and digital enterprise. Harvey Norman operates under a franchise system in Australia and consistently delivers an unparalleled retail offering to Australian consumers with an extensive product range, cutting-edge technology and market leadership in key product categories. The Harvey Norman brand name is a retail icon throughout Australia with 168 franchised complexes (57 in New South Wales, 1 in the Australian Capital Territory, 36 in Queensland, 38 in Victoria, 18 in Western Australia, 10 in South Australia, 6 in Tasmania and 2 in the Northern Territory.) <https://www.harveynorman.com.au>



Book Week – Children’s Book Council of Australia book week has run from 19th August to the 25th August.

This is a week of celebrating Australian authors and illustrators. The library has all of the shortlisted books, honour recipients and winning books available to borrow. The students have enjoyed making their own bookmarks at lunch time, and of course, finishing off the week with dress up day. A huge thank you to all families and students for the efforts they have once again put into their costumes. As usual, the costumes have been outstanding, which made it very difficult to award prizes. A big thank you must also go out to all of the visitors that came in to see the parade. It means a lot to the students to have you here.





PIANO LESSONS

phone
Alison
for details
0427 854 175

HAROLD THE GIRAFFE HEALTH AND WELLBEING PROGRAM



YEAR 3/4 CLASS – INSIDE THE BODY

The class learnt about the different body systems and parts of the body. There were 6 different jigsaws that we put together. One was the Nervous system, Skeletal system, Digestive system, Circulatory system, Muscular system and Respiratory system. We watched some videos about Harold where he went inside the body and went through the digestive system until he got to the small intestine and then the kid scientists shrunk Harold down even further and Harold went into the Blood stream. Harold went into the lungs and saw the oxygen, the red blood cells, carbon dioxide, white blood cells and lipids. Harold got sneezed out of the boy's body when they tickled him with a feather. We learnt about the different types of foods and their jobs.

**BRIDIE – MY FAVOURITE PART
WAS THAT WE GOT TO
WATCH ALL THE VIDEOS
ABOUT THE BODY WORKS. WE
GOT TO LEARN ABOUT THE
BODY AND WHAT IT DOES.**

**MATILDA – I LEARNT THAT THE
FOOD WENT THROUGH THE
DIGESTIVE SYSTEM. AS IT
WENT THROUGH THE
STOMACH AND THE
INTESTINES AND IT TURNED
INTO WASTE.**





R/1 CLASS – HAROLD'S FRIENDSHIPS.

The students learnt about being a good friend, feelings and how to say kind things to other people. The students hunted for community sign jigsaw pieces and put them back together. Discussion occurred about the meaning of different signs in the community. Lastly they learnt about the body's warning signs when they feel unsafe, how their body feels and who would be a trusted person to talk to.

LILLY – I LIKED PUTTING THE HEART UP ON THE CARPET KID.

ADECYN – WE LEARNT ABOUT SHARING AND KINDNESS.

OLIVE – I LIKED 'HEALTHY HAROLD'. HE WAS ACTUALLY A PUPPET.

RAVENA – I LIKED WATCHING THE VIDEO WHEN THE ALIEN GIRL WAS SINGING IN SPACE TO MAKE THE FRIEND FEEL BETTER.

HARVEY – I LIKED HOW IT WHEN I SAID WHEN IF YOU SMOKE TOO MUCH YOUR ORGANS CAN GO BLACK.

AVA – I LIKE PUTTING THE BRAIN ON THE MAT PERSON.

CODY – I ENJOYED MEETING HAROLD. OUR BRAIN WAS AS BIG AS TWO FISTS JOINED TOGETHER.

SERENA – I ENJOYED WHEN WE WERE GETTING STICKERS.

JAXSON – I LIKED IT WHEN WE HAD TO FIND THE MATCHING PIECE – ONE HAD A BOTTLE AND ONE HAD NO SWIMMING.

LINE – I LIKED THE PUPPET.

DYLAN – I LIKED PUTTING THE BUTTONS ON THE EARTH SIGN WITH 'HOW TO BE A GOOD FRIEND'

ELLIE: I LIKED IT WHEN I GOT TO PUT UP A SIGN ON THE WALL.

BODHI – I ENJOYED WHEN WE MET HEALTHY HAROLD.

COREY – WHEN I PUT THE LUNGS ON THE CARPET PERSON.

ABEL – I ENJOYED IT WHEN I PUT THE TRUSTED PEOPLE SIGNS ON THE WALL.

HENRY – WHAT I LIKED ABOUT THE VISIT IS WHERE WE GOT TO PUT THE SIGNS BACK TOGETHER.

ALBIE – I LIKED IT WHEN WE WERE PRESSING THE YES / NO BUTTONS AND GUESSING THE PLANET FRIENDSHIP STORIES.



YEAR 1/2 CLASS

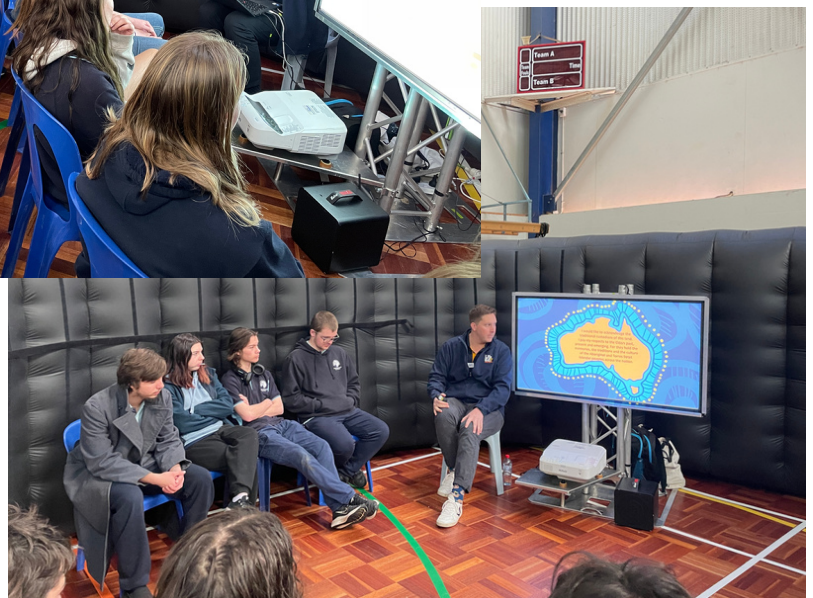
Students learnt about how to protect themselves in unsafe environments and how to seek help. They also learnt about the people and the services that keep them safe and how to identify and respond in emergency situations. They learnt some important things to remember when dialling 000 in an emergency. They also had a visit from Harold the Giraffe!

YEAR 11 CLASS

Year 11 students were visited by Harold the Health and Wellbeing Van this week. Jack, the presenter, spoke to the students about what drugs were, and the effects they have on the body. The students were interested to learn how many drugs (illegal and legal) they have come across in society.

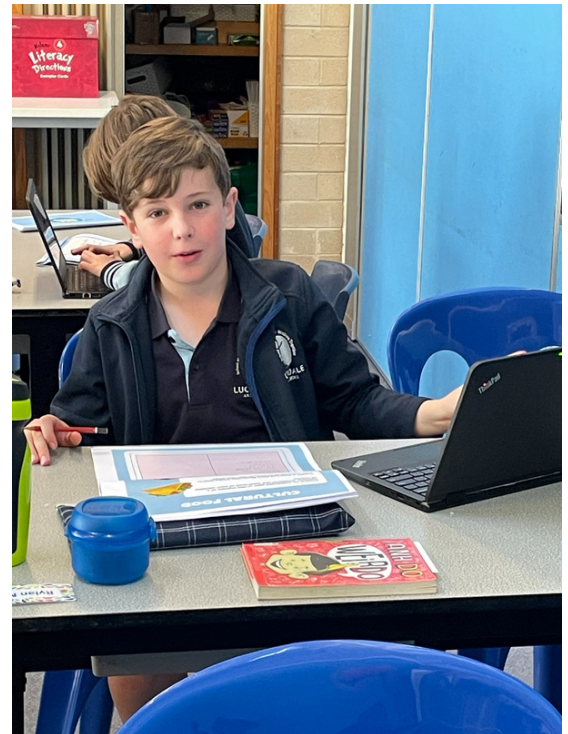
Stimulants, depressants and hallucinogens were discussed. Students were given opportunities to ask questions, prompt discussion and analyse the effects of all kinds of drugs. Death rates, addiction, risk factors/triangle, strategies to use in high-risk situations, how to stay safe and have fun were all key topics of the presentation.

Hopefully students are now more aware of the dangers of addiction, casual use, effects of all drugs.



YEAR 3 & 4 HASS

The Year 3 and 4's are learning about different countries and islands in HASS with Mrs Rivett. It is a visual representation. They are also using computers so they must plan a cruise to go across the world and to different Pacific islands. The students are using Lego essentials to problem solve different scenarios in Technologies.



SCIENCE WEEK

Throughout Week 4, Lucindale Area School celebrated Science Week. Students enjoyed Science demonstrations during home group including, The Screaming Gummi Bear, Elephants Toothpaste and Dragons Breath. At lunchtime, students participated in Binary Code Bracelet making and Balloon Rockets. To conclude the week, staff were involved in a Brain break Morning Tea, sharing Science themed food and a quiz.

'I thought the Science experiments and the bracelet making was creative and fun, and lots of the school enjoyed it.' Meg- year 8

'Miss Hill's Science demos were really fun and cool.' - Ella year 8





The Mathematical Association of South Australia Inc

MASA Quiz Night – Penola High School

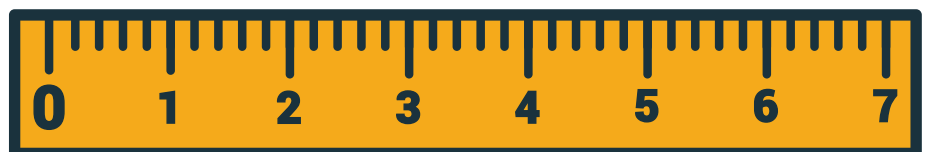
In week 4, students in years 7-11 travelled to Penola High School to participate in the MASA Quiz Night. Lucindale Area School had teams participate in the Junior, Intermediate and Senior categories, all representing the school with pride.

‘It was great because you were with your friends.’ Rubin – Year 9



MATHS WITH THE YEAR 1/2'S

Today the 1/2s were learning measurement in Maths. They were learning how to measure and what objects to use to measure etc ruler, tape measure. They had to measure the teacher, a bathtub, and a window. They played This or That where they had to choose the correct measuring device to measure the object.



COONAWARRA RUNNING FESTIVAL



RUNNING FOR MENTAL HEALTH

Saturday 11th November 2023



**Wobbly
Winery
Walk**

MARKETS

MUSIC

**SHOW 'N
SHINE**

**CARS, BIKES,
CARAVANS
ANY VEHICLES!**



21.1km, 12km, 6km, 1km,
Toddler Race, 5km Wobbly Winery Walk

Join your local SA Ambulance Service team in Kingston, Robe or Lucindale.

A strong sense of community is what drives SA Ambulance Service (SAAS) Regional Team Leader Taylor Martin.

Taylor grew up in Kingston SE and has returned to the region recently to take on the leadership role looking after the volunteer teams in Kingston, Robe and Lucindale.

Training volunteers and watching them take on new skills is rewarding to the Robe local.

"I am grateful to have the opportunity to give back to the community in this capacity," Taylor said.

"I feel the volunteers are responsible for keeping the ambulance service going and all of the credit should go to them," she said.

Kingston, Robe and Lucindale are all looking for volunteers in SAAS's recruitment drive Answer the Call.

Taylor said new volunteers would be most welcome, and they would be joining teams which were made up of people from diverse backgrounds.

"We have farmers, teachers, nurses, scientists and even a psychologist within my teams," she said.

"It is great to be surrounded by selfless, kind and a community driven group of people."

Taylor can also see the fun in working with a community she grew up in.

"Several volunteers have known me since I was a child, for example, Pauline Parsons who taught me in primary school and Vicki Natt who was the local postie, are both volunteers at Kingston."

Volunteers join the service from all walks of life, and no prior medical knowledge is required.

SAAS provides training, uniform and reimburses out of pocket costs such as travel and childcare. A fully qualified volunteer Ambulance Officer is awarded a Certificate IV in Healthcare, and volunteers and their families also receive free Ambulance Cover whilst volunteering for their communities with SAAS.

If you are interested in becoming a volunteer, SAAS is hosting a free online information session on Wednesday 19 July at 7pm. Hear from volunteers at SAAS about why they've joined and what it's like. Head to [Eventbrite \[https://www.eventbrite.com.au/e/free-ambulance-volunteer-information-session-tickets-663358371747\]](https://www.eventbrite.com.au/e/free-ambulance-volunteer-information-session-tickets-663358371747) to secure your place.

Find out more at www.saasvolunteer.sa.gov.au.



@SA_Ambulance



SA Ambulance Service



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Government
of South Australia
SA Health



SA
Ambulance
Service



**THINK
U
KNOW**
.org.au

Comfortable talking to your kids about technology and the internet?

A ThinkUKnow online safety presentation will take place on

DATE:

Tuesday 15th August 2023 at 5:30pm

LOCATION:

Lucindale Area School

The session will cover:

- What young people SEE, SAY and DO online
- The challenges they may face
- How to report and get help if things go wrong

Visit www.thinkuknow.org.au for more information about online safety and security.

OUR PARTNERS



Looking after yourself

PART
3

Get your body moving!



Physical activity can help you to:

Build a
strong body
and mind



Feel good



Reduce
stress



Manage
moods

Sleep
better



Gain more
energy



Exercising regularly is part of having a healthy lifestyle!

@kidshelpline